

SF 66	Vaping Minimum Age Increase	A bill for an act establishing the minimum age relative to various activities relating to vapor products and making penalties applicable
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Talking Points

1. Smoking rates among teens and young people are down, but vaping is often seen in a much more favorable light. Use of vaping products are often not seen as nicotine products and the health risks are not considered as dangerous as cigarettes amongst teens and young adults (Pitofsky, 2018).
2. 37% of 12th graders, 32% of 10th graders and 18% of 8th graders used a vaping product in the last year, and the use of vaping products amongst teens is steadily growing (NIDA, 2018)
3. Over 30% of teens who use e-cigarettes start smoking within 6 months (NIDA, 2016).
4. E-cigarettes can be used for delivery of nicotine as well as marijuana and other illicit drugs (US Dept of Health and Human Services, HHS, 2016)
5. Nicotine exposure during adolescence, a time of significant brain development, can disrupt brain development in the areas that control attention, learning and susceptibility to addiction. (HHS, 2016)
6. Long term effects of nicotine exposure before adulthood include lower impulse control and mood disorders (HHS, 2016)
7. **The vapor is not harmless** – can contain ingredients such as: nicotine, ultrafine particles, flavorings such as diacetyl – linked to lung disease, benzene and heavy metals (HHS, 2016)

References

- National Institute of Drug Abuse (2016). Teens and e-cigarettes. Retrieved from: <https://www.drugabuse.gov/related-topics/trends-statistics/infographics/teens-e-cigarettes>
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- Pitofsky, M. (2018, December 20). Millions of teens are vaping every day. Here’s what they have to say about the growing trend. *USA Today* Retrieved from: <https://www.usatoday.com/story/news/2018/12/20/teen-vaping-rise-here-why/2239155002/>
- U.S. Department of Health and Human Services (2016). *E-Cigarette use among youth and young adults: A report of the surgeon general – Executive summary*. Retrieved from: https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Exec_Summ_508.pdf